



***What pain are you tolerating?
What is it costing you? Your health, financial abundance or freedom?***

The 8-Week Pain Turnaround

Relieve physical, mental/emotional and financial pain!

These are just a few ways The 8 Week Turnaround will help you:

Physical Pain- *What can't you do because you hurt all the time? Feel energetic and pain-free!*

Eliminate pain in your back, leg, head or anywhere else, increase energy, loose weight, release stress, remove effects of stroke/heart/other disease, sleep better, reduce fatigue, heal your gut, breathe better, become hydrated, identify and remove infections, learn to shop for and create healthier eating plans and habits, optimize overall health!

Mental/Emotional Pain- *What fears do you believe? Live with emotional freedom and joy!*

Release fear, anxiety and depression, remove limiting beliefs, improve cognition, eliminate destructive habits, anxiety and depression, increase self-worth, increase mental clarity, create more joy, remove effects of trauma and injury, increase vibrations and create a positive, mental attitude.

Financial Pain- *What experiences are you missing because you're broke? Create financial abundance!*

Achieve the financial success you deserve, doing the work you love. Remove subconscious blocks and limiting patterns that prevent you from creating wealth and abundance.

- ***Don't tolerate pain in any area of your life, they are all related.***
- ***The 8-Week Pain Turnaround will help relieve all your pain areas and set you free.***



Nancy Clairmont Carr is the founder of The Joy-Effect, as well as a Transformation Coach, Certified Energy Healer in multiple techniques, trainer in all things health and mindset and an engaging speaker. She specializes in releasing success blocks to help clients reach their health, financial and relationship goals. Nancy is passionate about helping clients maximize their potential and create total abundance. She uses strategies and tools from 30 years of business leadership, health & lifestyle coaching and energy healing to achieve outcomes her clients thought impossible. She has transformed lives for the last 16 years and is excited to help achievers create total abundance and joy. <http://www.nancyclairmontcarr.com/kind-words/>

Release your most critical pain and turn your life around!

"Having worked with Nancy successfully a few times before, I decided to specifically increase my financial abundance levels and decrease my 'lack' energy. Being in network marketing for 7 years, I was burnt out and feeling lost and stuck for about 6 months. After my session with Nancy I booked 4 events the first month, 2 additional large expos the next and found a business partner I was seeking! My creative brain worked again! I recommend Nancy for moving forward in your business and in life!" Michelle Bekkala, Young Living Essential Oils
www.theNaturalNook.com



The 8 Week Pain Turnaround- How it works

2 private sessions and 6 interactive coaching webinars include:

- 2 private energy healing sessions with Nancy (1 pre & 1 post group coaching course) where she will:
 - ✓ Measure health levels not included in western medicine, that determine your real health
 - ✓ Identify and remove critical core imbalances causing pain
 - ✓ Release success blocks preventing goal achievement
- Clearing of fears, limiting beliefs and non supportive habits
- Understanding what causes lack of abundance in all areas of life
- Strategies to prevent further imbalances and pain from returning
- Lifestyle training for improving each area of your life
- Completion of personal health assessment and goals desired
- Unlimited text and email access to Nancy
- Private Facebook mastermind group for support
- All coaching sessions via phone and interactive webinar



Additional program benefits to optimize your abundance and total well-being

- e-book by Nancy Clairmont Carr: *Joy³ - Ten Ideas to Create, Feel and Share Joy!*
- Opportunity for additional coaching/healing/shifting with Nancy at special pricing



*“Nancy is genuinely interested in helping people. **She helped me understand what to change to achieve my goals and be more balanced professionally, emotionally and physically. Her knowledge is profound. I am always amazed by the variety of tools she offers. I know I can count on Nancy for total solutions.**” Aurelie Spirito,, Owner, www.lilabuffetstyling.com*

YES! I am ready to leave my pain behind now!

- Sign up now by calling Nancy at 612.385.3220.
- Not sure? Need more info? Sign up for a free 20-minute consultation with Nancy at nancy@nancyclairmontcarr.com to learn more!

Claim Your Spot Today!

*“Without hesitation, I strongly recommend Nancy’s coaching and energy work. In just three sessions, 90 days and two decisions, I feel alive again. **If you want more energy and to breathe a new sense of spirit into your life and work, make the decision.** Listen carefully and make the commitment. You’ll be glad you did!” Mark LeBlanc Author of *Never Be the Same* and *Growing Your Business*.*



*“If you’re ready to drop any destructive habits, emotions and illnesses that are no longer serving you, I highly recommend working with Nancy Clairmont Carr. **She’s a gifted, compassionate healer. My first healing session with Nancy was incredible! Immediately I felt much lighter, like I had lost 20 pounds of emotional baggage!** In the following weeks, I noticed situations that normally would have made me anxious or irritated didn’t bother me at all. I still feel much calmer all-around as a result. **It’s hard to believe something so simple works, but it does.**” Josie Robinson,*

*Author of *The Gratitude Jar: A Simple Guide to Creating Miracles*. www.josierobinson.com*

*“Working with Nancy has been amazing. I had developed several health challenges and was in lots of pain from a supremely busy work schedule. I feared my “golden years”. **She immediately produced relief** of my sinus and arthritic issues and greatly reduced my fatigue. She provided specific strategies and motivation to change habits of many years. Nancy quickly responds, and provides clear direction to solve the problem. **I would recommend her to anyone who wants a gentle and extremely knowledgeable guide to help them take charge of their health and well-being.** She is truly awesome and I am grateful to have her on my side.”*
Marilyn McGuire, President & CEO, Management Methodologies

